

Newsletter

Oct 2017-May 18





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3 Days Mega Health Camp : free breast screening of 1000 women in 3 days

Free Breast Cancer Screening Camp successfully organized at ITBP in Mussoorie

Fashion Show for the awareness of Breast Cancer



In India, every 8 minutes a woman dies of breast cancer and every 9 minutes a woman dies from cervical cancer. As women are often engaged in taking care of home and their workplaces, most of them ignore their routine health check-up due to lack of awareness. Can Protect Foundation is working towards the prevention and awareness of Breast and Cervical cancer and improvement of the Women's health in India.

Since last 4 years every month we organize many free health camps in Uttarakhand, Uttar Pradesh and neighbouring states. In these camps, women's health checkup, breast & cervical cancer screening, thermo mammography is done by specialist free of cost. Tutorial on Breast self examination are also delivered. So far we have done free breast screening of more than 12000 women.

This newsletter highlights some of our past work and campaigns that we have launched to spread awareness and education mainly about but not limited to breast cancer, cervical cancer and for the improvement of women's health in India.

Can Protect Foundation also aims for setting up a national plan dedicated to preventive practices for detecting breast and cervical cancer at an early stage to achieve very high cure rates.

foreword

In 2018 We have launched two very innovative campaigns, "Meri Maa Swasth Maa" and "Asha Ki Kiran". Meri Maa Swasth Maa was launched by Hon'ble Chief Minister of Uttarakhand Shri Trivendra Singh Rawat on Mother's Day and "Asha Ki Kiran" was launched by Hon'ble Women Empowerment and Child Welfare Minister of Uttarakhand Smt Rekha Arya on International Women's Day.

'Asha Ki Kiran' campaign is one of the India's most unique campaign for the free training of ASHA, ANM and Anganwadi workers about screening and preventive healthcare techniques which allows them to keep a close eye on the health of the women in their area and ensure that symptoms of breast and cervical cancer do not go unnoticed and women must undertake regular health checkup beyond maternal care.

Our another achievement this year is to bring India's third Thermo Mammography machine for screening and early detection of Breast Cancer. We are now providing ultra modern radiation free Thermo-mammography in many remote areas of Uttarakhand free of cost.

We have an excellent team of enthusiastic volunteers, ready to dedicate their time and energy for the service of preventive healthcare. If you would like to volunteer and if you think you can bring change to the society, then please get in touch with us.

We are thankful to all the women, who participated in our camps and helped us spreading awareness about screening of breast and cervical cancer. We hope with the joint efforts the situation changes soon and by 2022 we will witness decline in breast cancer mortality rate in India,

Dr Sumita Prabhakar
Founder President
Can Protect Foundation

WORLD CANCER DAY CELEBRATION





Newsletter



Can Protect Foundation

www.canprotectfoundation.com

Our Regular Camps and Programs



Women should not shy away from a breast examination

Free Thermo Mammography

Every Thursday,
9.00 am to 12.00 pm
With Prior Appointment Only

Dr. Sumita Prabhakar
CMI Hospital
54 Haridwar Road, Dehradun

For Appointment, Please Call: 7895333429

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We support “Green the Red” Campaign.



कैन प्रोटेक्ट फाउंडेशन



महिला स्वास्थ्य एवं कैंसर रोकथाम
की अग्रणी गैर सरकारी संस्था द्वारा

महिलाओं के लिए
निःशुल्क स्तन स्क्रीनिंग

हर माह की 21 तारीख को
प्रातः 10 बजे से 12 बजे तक

स्तन स्क्रीनिंग से हर तरह के कैंसर का पता नहीं लग सकता है, कुछ तरह के कैंसर स्क्रीनिंग/मैमोग्राम में नहीं दिखते हैं और कभी कभी उनका पता नहीं लग पाता है स्क्रीनिंग करने वालों के बहुत निपुण होने के बावजूद भी ऐसा हो सकता है

पंडित दीन दयाल उपाध्याय (कोरोनेशन अस्पताल), देहरादून



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Free Breast Cancer Screening camp organized on National cancer screening day at Coronation Hospital Dehradun



May 21, 2018

On 21st May (every month 21st is cancer screening day) Can Protect Foundation organized Free Breast Cancer Screening camp at Coronation Hospital Dehradun. This is to be a regular activity, and Can Protect Foundation shall organize free screening camp on the 21st of every month at Coronation Hospital Dehradun.

Facilities available for the patients included breast cancer screening, training of Breast self-examination, General

women health and distribution of leaflet on the procedure of Breast Self Exam. A total number of 36 women were screened. The age of patients screened ranged from 30 – 63 years with an average age of around 30 years. All patients were screened for breast cancer.

We would like to thank Hon'ble MLA Shri Khajandas Ji for gracing us with his presence.

Special thanks to Dr. L.C. Punetha and Dr. Ajeet Gairola and staff of the Coronation Hospital for their support for the great cause.





Health Talk on Menstrual hygiene was held in Shri Sanatan Dharam Kanya Inter College, Raja Road Dehradun



May 24, 2018

Health Talk session on Menstrual hygiene was held in Shri Sanatan Dharam Kanya Inter College, Raja Road Dehradun. Can Protect Foundation's three women health goodwill advocates "Main Hoon Asha Ki Kiran" Dr Rekha Khanna, Mrs Honey pathak and Mrs Indu Datta conducted the program.

Menstruation is a sensitive subject and remains a taboo in many societies. All the girls and teachers found this Health Talk useful and informative.

Our warm thanks to all the girls and teachers of Shri Santan Dharam Kanya Inter College who participated in the health talk on Menstrual Hygiene Management and shared their ideas and experiences with us in order to improve the situation.





Dr Sumita Prabhakar gave interactive health talk on Menstrual Hygiene Management



May 18, 2018

While giving health talk on Menstrual Hygiene in Govt Girls Inter College, Brahampuri Dehradun, Dr. Sumita Prabhakar told the girls that It's not just girls' education that suffers during menstruation, but overall health. For instance, 70 percent of women suffer reproductive tract infections; and 23 percent of girls drop out of school when they start menstruating due to inadequate facilities at schools. – it can also impact maternal mortality. In urban India, 43%-88% of girls use reusable cloth during menstruation, yet they are often washed without soap or clean water. Taking into consideration the topic of Menstrual Hygiene Management shrouded by a culture of silence Can Protect Foundation decided to impart Menstrual Hygiene Management programme. Can Protect Foundation in association with Beti Bachao Beti Padhao campaign started Menstrual Hygiene Management

program for adolescent school girl students of the Dehradun District.

In this series Senior Gynecologist, President of Can Protect Foundation gave health talk on Menstrual Hygiene Management Education among adolescent girls of Govt Girls inter college, Brahampuri Dehradun which emphasized on breaking taboos and changing practices of menstrual hygiene management through a school campaign.

The importance of open conversation regarding menstruation is fundamental for menstrual hygiene management. We thank Mrs. Honey Pathak, Uttarakhand State Co-ordinator "Beti Bachao Beti Campaign" for the interactive discussion session that also addressed lesser known issues of menstrual management such as sanitary napkin waste management and period pain management.





Newsletter



Can Protect Foundation

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Chief Minister Uttarakhand inaugurated “Meri Maa Swasth Maa” Campaign



May 14, 2018

Hon'ble Chief Minister of Uttarakhand Shri Trivendra Singh Rawat inaugurated the campaign Meri Maa Swasth Maa started by the Can Protect Foundation.

The aim of this campaign is to organize a seminar (On Women's Health and Cancer Prevention) by the team of senior doctors for the students in all the schools and colleges of the state to give information about the health of their mother and to show how all children take care of their mother's health. It has been seen that in most of the cases the mother becomes so busy in the care of her family and children that she neglects her own health. As a result, she becomes a victim of some such diseases, which can be avoided by taking some precautions and minor medical tests. Under "Meri Maa Swasth Maa" campaign-free booklet,

doctor folder, various flyers on blood sugar, Blood Pressure, Anemia, General Health Tips and other information to all the students of all school and college will be distributed free of cost by the Can Protect Foundation.

During the inaugural program at Him Jyoti School, Dehradun, Dr. Sumita Prabhakar gave information to 300 children studying in school through



lecture and an audio-video session on women's health, adolescent health, and menstrual hygiene. On this occasion, booklets of women's health were distributed free to all students studying in school. Students can give this booklet to their mother and other women. In the booklet, women's health, prevention of breast and cervical cancer, cleansing and other information during menstruation are available in simple Hindi language.



स्वस्थ माँ के लिए बच्चों का अभियान...





Dr. Sumita Prabhakar, President of the Can Protect Foundation, informed Chief Minister Trivendra Singh Rawat about the "Green the Red" campaign through a presentation about

started by Can Protect Foundation on International Women's Day for the training of Asha and Anganwadi workers of Uttarakhand is so beneficial for the Women's of Uttarakhand, He said that Asha and Anganwadi workers are the connecting chains, and the way Dr. Sumita Prabhakar is giving them free training and that too with the help



how plastic sanitary pads are harming the environment. She said that every sanitary pad is equivalent to 4 plastic bags and it is so harmful to the environment. In the Green, The Red Campaign is about changing the menstrual hygiene landscape in India by advocating and building awareness

Hon'ble Chief Minister of Uttarakhand Shri Trivendra Singh Rawat released the module on preventive women's health which will be distributed to all govt schools and schools with children from the underprivileged background. As we can't approach women directly we are doing it through their children. This will not only sensitize them about women's health needs but educate them too.

on sustainable menstrual hygiene practices and management solutions.

While applauding the work done by the Can Protect Foundation on this occasion, the Chief Minister said that the work which is being done for the

breast and cervical cancer by Dr. Sumita Prabhakar is commendable. It is not easy to make mammography available in the villages of Uttarakhand. Can Protect Foundation is doing a very noble cause. The Chief Minister said that the campaign

needs more and more selfless Doctors like Dr. Sumita Prabhakar.



Hon'ble Chief Minister Shri Trivendra Singh Rawat felicitated four women with "Main Hoon Asha Ki Kiran", all of them worked for Women's health and cancer awareness with Can Protect Foundation. Women who were felicitated are Mrs. Aprajit Dagar, Mrs. Indu Datta, Mrs. Monica Arora and Dr. Rekha Khanna.

We thank our Chief Guest of the program Hon'ble Chief Minister of Uttarakhand Shri. Trivendra Singh Rawat, the special guest Shri. Vinay Goyal, Shri. Rakesh Oberoi, Dr. RK Jain, Dr. Abhay Kumar and all the guests who gave their invaluable time to the success of the launch of Meri Maa Swasth Maa Campaign. We also thank the Principal and Management of Him Jyoti school Dehradun for allowing us to start this campaign from their school.





Dr Sumita Prabhakar delivers a Menstrual Hygiene Management Awareness Session at Rampyari Inter College Dehradun



May 12, 2018

Dr. Sumita Prabhakar invited to deliver a talk on menstrual hygiene at Ram Pyari Girls Inter College in Dehradun during the inauguration of sanitary napkin dispensing machine with Hon'ble Minister of women 's empowerment and child welfare (Uttarakhand) Mrs Rekha Arya.

The talk aims to empower young girls to develop a positive self-image during the periods. During this interactive session, Dr. Sumita Prabhakar discussed with the girls and explained the different types of tools and intimate hygiene management.

To address menstrual hygiene is not only to address the four to seven days a month that women are menstruating but the root cause of gender disparity. When it is properly addressed, it leads to the increased overall health of women and girls. It improves educational outcomes as it improves school attendance. Dr. Sumita Prabhakar talk improves the confidence and dignity of girls by teaching them that their bodies are nothing to be ashamed of. Women and girls face enough challenges each day, their own body should never be one of them. Dr. Sumita Prabhakar strives to empower girls throughout India.





Free Breast Cancer Screening Camp at Coronation Hospital Dehradun



April 21, 2018

Free breast cancer screening camp was organized by Can Protect Foundation on 21st April 2018 at Pandit Din Dayal (Coronation) Hospital in Dehradun. Dr. Sumita Prabhakar, President of Can Protect Foundation said that for the awarenesses and prevention of breast cancer, Can Protect will organize free breast cancer screening and awareness camp at Pt. Deen Dayal Upadhyaya (Coronation) Hospital on 21st of every month. There are so many patients coming to the hospital and this free screening facility will be very good for the women.

Free screening of 35 women was conducted in the camp today and 6 suspects were found, 246 cases of awareness and public orientation was carried out during the camp. Breast Cancer Screening was done by Dr. Sumita

Prabhakar and her team.

On this occasion, the Can Protect Protection Foundation also provided information and leaflets about the prevention of breast cancer and training on Breast self-exams was also conducted by the team of Can Protect Foundation. Breast self-exam (BSE), or regularly examining your breasts on your own, can be an important way to find a breast cancer early when it's more likely to be treated successfully. It is an important self exam and every woman should do it every month. Said, Dr. Sumita Prabhakar.

We are thankful to the staff and management of Coronation Hospital, IMA Dehradun, Dr L.C. Pumetha, Dr S.G. Sethi and Dr Ajeet Gairola for helping us conducting free Breast Cancer Screening Camp.





Can Protect Foundation organized free medical camp in Dehradun's Madrassa 'Idara Shabab-e-Islami'



April 16, 2018

Free Medical camp was organized by Can Protect Foundation on 15th April 2018, camp was inaugurated by Dr. Syed Farooq Ahmed, President of Himalaya Drug Company in the presence of Maulana R S Haqqani, Mrs Shamma Khan, Dr Mohammad Anwar and President of Can Protect Foundation Dr. Sumita Prabhakar, on this occasion Dr Prabhakar told that this health camp was organized specifically for the treatment of diseases related to women because it has been seen that women pay very less attention to their health, especially problems that occur after

delivery.

In this health camp, Free medicine distribution, Bone density test, Physiotherapy, Eye testing, Sugar test, BP test and Free dental checkup was done free of charge.

In the camp 630 patients, 100 breast checkup, 200 sugar check-up, 100 HB, 200 eye check-up, 80 bone density was



done free of charge plus free medicine distribution also being done by Can Protect Foundation, information leaflet regarding prevention of dengue, BP and sugar control, symptoms of anemia and how to maintain good health in Hindi language were also distributed during the camp.

Dr. R Ahmad Haqqani, Director, Idara Shabab-e-Islami, thanked Dr. Sumita Prabhakar, President of the Can Protect Foundation for the successful conduct of health camp and said that more such camps would be organized along with the Can Protect Foundation in the coming months.

On this occasion, Dr. Sumita Prabhakar, President of the Can Protect Foundation, thanked the camp convener Dr. Mohammed Anwar and his family member who took the personal interest in encouraging people to come out from their home for the checkup. Dr. Prabhakar also thanked Mohammad Samir and Farah Malik the selfless service in organizing this camp. Farah Malik is one of the "Asha ki Kiran" a campaign initiated by Can Protect Foundation for

women's health and cancer prevention.

Speaking to the media, Dr. Sumita Prabhakar said that in the coming months, free health camps and breast cancer screening camps are being organized in the hill-villages of Uttarakhand on women's health and cancer prevention. Giving information about the progress of the campaign 'Aasha Ki Kiran' initiated by Can Protect Foundation she said that more than 500 Asha and Anganwadi workers have been trained about breast and cervical cancer prevention methods, menstrual hygiene and on women's health beyond maternity.





Free Thermo Mammography Camp organized in Dehradun



March 18, 2018

Can Protect Foundation organized a free Thermo Mammography and Breast Checkup Camp in association with UNESCO Club in Dehradun on March 18, 2018, and distributed information related to women's health to the attendees, the women who came to the camp were provided with breast and cervical cancer educational booklets and flyers. The symptoms and precautions of breast and cervical cancers and how to prevent these cancers were also explained and detailed information about breast self-examination was also given.

Distribution of Educational Material related to Women's Health
The purpose of the camp was to examine women with thermo mammography and provide educational leaflets and booklets on the symptoms and prevention of breast and cervical cancer. The camp was organized under the supervision of the President of the Can Protect Foundation, Senior Obstetrician, and Gynecologist Dr. Sumita Prabhakar.



Breast Self-Exam

Dr. Sumita Prabhakar explained How to do Breast Self-Examination to all the women, BSE is one of the most useful tests to help detect breast cancer in early stages, she said that breast self-exam is a Do it Yourself procedure to examine any changes in breast and it helps women in detecting any changes which may lead to breast cancer in the early stages and women can do it themselves. According to her if a woman notices any change in the size, shape, and color of the breast, or detect lumps, skin

emergence, rash, nipples itching, and persistent pain in the breast, then she should consult the doctor right away because any of these may be the symptoms or warning sign of the cancer.

Nearly 40 women availed free screening and thermo mammography; Free thermo mammography in Dehradun is being done in the camps being organized by the Can Protect Foundation, the information about the upcoming camps are available on our website and Facebook Page.





“Asha Ki Kiran” Campaign Launched, Workshop on women’s health and cancer prevention organized for 400 ASHA and Anganwadi workers



March 8, 2018

On the occasion of International Women's Day, Can Protect Foundation launched a large scale preventive health campaign 'Asha ki Kiran', an unprecedented campaign started for Women's Health and cancer prevention, the objective of this campaign is to give information about cancer prevention measures to society and motivate women of all section of society to remain alert to their health. Asha ki Kiran is launched as a pilot project but in future Can Protect Foundation would like outreach this campaign on a pan India level.

The campaign was inaugurated by the Hon'ble Minister of

Women Empowerment and Child Welfare, Uttarakhand, Smt Rekha in the presence of Parmarth Niketan Spiritual Head, Swami Chidanand Saraswatiji, President of Divine Shakti Foundation, Sadhvi Bhagwati Ji, Famous Author and Philontriophist Dr. Vandana Shiva and people from 90 different countries.

On the occasion of International Women’s Day, March 8th, 2018 Can Protect Foundation organized a special training program with a team of Senior Doctors for ASHA and Anganwadi workers, Around 410 ASHA and Anganwadi workers from three District Dehradun, Haridwar and Pauri participated in the training programme which focused on capacity building, sensitization and training on Women's





health after 35 years and Cancer Prevention and early detection.

Following Seven modules are included in a training (Audio Video Presentation in the Hindi Language was used)

Problems related to the health of adult women

Functioning of female reproductive organs

Breast Cancer (General Information, Early Detection, and

Prevention, Hands-on Training - Breast Self Examination)

Cervical cancer (General Information, Pap smear, Vaccination, Early Detection, and Prevention)

Menopause

Menstrual Hygiene

How to Take Care of Your Health

After the training, a special demonstration session on





Breast Self Exam on a silicon model was conducted. Training Sessions lasted 6 hrs. At the beginning of each module, participants were presented with background information. During the day, trainees had the opportunity to discuss topics and clarify any query.

Hands-on training for individual participants

Hands-on training on Breast Self Exam also being conducted on individual participants.

Asha Ki Kiran

Nomination and Awards



15 Influential women's are awarded and being nominated and as "Main Hoon Asha Ki Kiran", and they will further nominate their Asha Ki Kiran. The purpose of this nomination and award is to expand this campaign to the wider reach of audience. It is expected that within one year

this campaign will reach around 5 lac women in Uttarakhand in which most of them would be from remote hilly areas.

Awards were given by Smt Rekha Arya, Hon'ble Minister of Women Empowerment and Child Welfare, Uttarakhand.





World Cancer Day: Cycle Rally organized to raise awareness of Cancer



February 4, 2018

Can Protect Foundation, organised a cycle rally with the theme '**Swasth Bharat Mission Hamara, Cancer Mukto Desh Hamara**', to mark the celebration of World Cancer Day. The cycle rally passed through Dehradun, Raipur, Thano, Bhogpur, Rani Pokhri, Natraj Chowk, Rishikesh and reaches Parmarth Niketan Ashram, Laxman Jhulla Rishikesh. Participants distributed leaflets about cancer and steps to prevent it.

70 cyclists participated in this cycle rally, aged between 16 and 70 years. Rally was flagged off by Shri Kajandas, (MLA, Rajpur Constituency), Shri Vinay Goyal, Shri Anil Goyal. Rally welcomed by Swami Chidanand Saraswati Ji at Parmarth Niketan Ashram Rishikesh.

"Every 8 minutes a woman dies of breast cancer in India. The cancer rate in India is increasing drastically and creating awareness among people is need of the hour," said Dr. Sumita Prabhakar, President Can Protect Foundation.

She also thanked ONGC for the support in this event.





World Cancer Day: Multi Speciality Health Camp Organized by Can Protect Foundation at Parmarth Niketan Ashram



February 4, 2018

A multi-specialty health camp was organized on the occasion of World Cancer Day at Parmarth Niketan Ashram, Rishikesh. More than 30 villages benefited from the camp. Around 250 patients were examined in this camp by the specialist. Areas such as gynecology, neurology, oncology, orthopedics, dentistry, ophthalmology, immunization, hygiene & sanitation etc. were covered through the special camp. 30 women screened with thermo mammography machine.

It was aimed to provide the underprivileged with a free check-up so that the aim of a disease free healthy society is achieved. Gynecologist, Pediatrician, Orthopaedic, Dentist, ophthalmologist and General Physician of repute attended to villagers in different sections, supported by a team of paramedics and volunteers.

In order to facilitate diagnosis, certain tests were conducted for free, these included Blood Sugar Test, Blood Pressure Monitoring, BMD (Bone Mineral Density), Nerve Conduction Study etc. A small session on basic dental hygiene was also delivered by the experts.

“This multispecialty health camp was organized to mark the celebration of World Cancer Day. The camp was well received by the people, we plan to organize such camps regularly to serve the weaker section of the society,” said Dr Sumita Prabhakar, President Can Protect Foundation.

“This camp was helpful for us, we are unable to get our medical tests and treatment done in private hospitals. Camps like these are very beneficial for us; we get a free consultation and check-ups done at our village only which saves our time and money” said Premlata Uniyal, a resident of Phool Chatti Village.





Uttarakhand's CM inaugurates North India's first radiation-free thermo mammography machine



February 4, 2018

On the occasion of World Cancer Day, Sunday 4th Feb 2018, Hon'ble Chief Minister of Uttarakhand, Shri Trivendra Singh Rawat inaugurated North India's first radiation free Thermo mammography machine in an event organized by the Can Protect Foundation by Parmarth Niketan Rishikesh. This machine is safe and it is radiation-free breast screening which is safe for women of all ages. It is estimated that by 2020, 76,000 Indian women will die due

to breast cancer.

On this occasion, the Chief Minister said that "many people are dying due to cancer, regular health checkup is necessary to prevent this crisis. We have to fight against this disease in a united way." Swami Chidanand Saraswati Ji, founder of Parmarth Niketan Ashram Rishikesh said that society needs to "respect the survivors of cancer", He also said all women should give priority to their health because "when they are healthy, then their families are healthy and the nation and the world will be healthy and happy."





Free Screening Camp organized at DEAL Dehradun, 140 women screened



January 15, 2018

In collaboration with DEAL Dehradun, the Can Protect Foundation organized a free breast cancer screening camp at the residential premises of DEAL Dehradun, in which 140 women got free screening and women were also trained for Breast self-examination. In this camp, free educational material related to the health of women were distributed by Can Protect Foundation.

A large number of female employees and women dependents of the staff participated in this camp. 140 women benefitted in the screening camp.

Can Protect Foundation has been working very actively for the prevention of breast and cervical cancer this foundation has so far done the free screening of 12 thousand women, apart from foundation free screening program camps were also organized in different places and cities from time to time, where educational

resources related to women's health were also distributed.

During this camp, Dr. Sumita Prabhakar, President, and Founder of the Can Protect Foundation, said that if the women get regular checkup, then the risk of breast cancer can be reduced, She said that all the camps organized by the Foundation, includes breast screening, information about cervical cancer and training of self-breast examination.

Our sincere thanks to the management of DEAL for allowing us to organize this camp. We hope in the way the deal has initiated the screening camp for its employees, many more, government and non-governmental organizations come forward to fight for the deadly disease like Breast and Cervical Cancer.





Free Breast Cancer Screening Camp successfully organized at ITBP in Mussoorie



October 23, 2017

In the month of October, we have decided to organize 15 free camps ...

In the program organized by the Can Protect Foundation at ITBP Academy, Mussoorie, we have highlighted the symptoms of breast cancer. The chief guest of the program was the BJP state president, Shri Ajay Bhatt. A large number of women participated in this Breast Cancer Prevention and Counseling Camp. Dr. Sumita Prabhakar, President of the Can Protect Foundation said that women are constantly increasing the complaints of breast cancer

and cervical cancer. In India, about 70 thousand women suffered from breast cancer every year. It is important for women to be aware of this. Speaking to the media Dr. Prabhakar said that to spread awareness Can Protect Foundation organize free breast cancer screening and awareness camps at different places. Dr. Prabhakar said that everyone should be aware of the importance of the early detection and regular checkup. The camp was attended by CO ITBP Parminder Singh, Dr. Mahesh Kudiyal, Rekha Khanna, Deepika Rana, Navjyot, Secretary Praveen Dang, Bhawna Dung and Madhukant Kaushik.





Can Protect Foundation done free breast screening of 1000 women in 3 days



October 30, 2017

The Can Protect Foundation has established a new crematorium by doing free breast examining/screening of more than 1000 women in the last 3 days.

Can Protect Foundation has been conducting free breast health checkup and cervical cancer camps for the prevention of breast and cervical cancer in Uttarakhand, Uttar Pradesh and neighboring states from last 4 years and so far examined more than 12,000 women.

Senior MLA Dehradun Cantt, Shri Harbans Kapoor, chief guest of the program, on the third and final day of the 3-days Breast Screening Camp at Aggrawal Dharamsala, located at Gandhi Road in Dehradun, appreciated the Can Protect Foundation and said that the institution is doing a very good job.

On this occasion, MLA Mussoorie, Shri Ganesh Joshi also participated as a Guest of Honour, said that organizing camps at different places by the institution and making people aware is a very commendable work.

On the first day of the program, the chief guest was the Mayor and MLA Dharampur, Dehradun Shri Vinod Chamoli had requested the participation of all the people of the region in this free breast screening camp. As the Chief Guest on the second day of Free Mega Breast Screening Camp, the Minister of Women Welfare and Child

Development, Uttarakhand Government, Smt Rekha Arya attended the program, appreciating the work done by the institution and appealed all the women to come in a large number for screening, She said that everyone should be careful of their health.

On the second day of the Mega Breast Screening Camp, Uttarakhand Police Director General Anil Raturi and Smt Radha Rathodari, Chief Secretary Women Welfare and Child Development join us as a Guest of Honour. Both of them applauded the work done by the organization and also gave best wishes to Dr. Sumita Prabhakar for 3-day free breast cancer screening.

Speaking to the media, Dr. Sumita Prabhakar, President of the Can Protect Foundation said that 1,000 women have been examined in the last 3 days and about 2500 women have been examined in the month of October, Dr. Sumita Prabhakar told that The goal of the Can Protect Foundation is to examine every woman of Uttarakhand by 2020 to avoid such a terrible and deadly disease like breast cancer.





Fashion Show organized for Breast Cancer Awareness with Free Breast screening camp



December 21, 2017

For awareness of cancer, the Can Protect Foundation joined and played its part for a fashion show Doon Ethnic Walk in Dehradun. Can Protect Foundation showcased the Doctors from different specialties who walked the ramp donning pink to spread awareness among the public about Breast Cancer and importance of early detection and regular screening.

Designers from various parts of the country contributed to the event and professional and amateur models walked the ramp. Even foreign students volunteered. "Doon Ethnic Walk organized while brainstorming on ways to create awareness about breast cancer among all sections of the society," said Dr. Sumita Prabhakar, President Can Protect Foundation. "People have always been interested in fashion and entertainment, so we thought to do a fashion show. After a year of consideration, Can Protect Foundation agreed to give it a go and Fashion Show for the awareness of breast cancer came to fruition."

The fashion show also featured two short films on the facts about breast cancer in India and about the importance of early detection and regular

screening. Dr Sumita Prabhakar gave an eye-opening talk on regular screening and about the importance of We are thankful to all the members and chief guest who graced the occasion with their esteemed presence.

Our special thanks to Mrs. Nalini of Aromona entertainment who invited us to be a part of Doon Ethnic Walk 2017 and blend it for the awareness of Breast Cancer. Breast Cancer early detection. The fashion show featured many celebrities and famous models who volunteered the event to support the cause.





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